



Restricted Prescription Drugs



This applies to employees in safety related positions including: Operating field employees, Supply field employees, Telecom employees, and train dispatchers. If applicable, employees should contact their doctor to discuss whether you are currently taking a drug on UP's list of restricted prescription drugs; your safety-related job duties; a plan to discontinue restricted drugs (if applicable); and safer alternatives as recommended by your physician. During this conversation, employees are encouraged to also ask about the combination of all other prescription medications, over-the-counter medications, supplements, and herbal remedies used to ensure employees are reporting to work safely.

OPIOID AND SYNTHETIC OPIOID DRUGS

All drugs in this class are restricted except where noted.

LONG ACTING OPIOIDS

Generic Name	Brand Examples
Buprenorphine	Buprenex, Butrans, Suboxone, Subutex
Butorphanol	Stadol
Fentanyl	Abstral, Actiq, Fentora, Duragesic, Lazanda, Onsolis, Sublimaze
Hydrocodone (extended release)	Hysingla ER, Roxicodone, OxyIR, Zohydro ER
Hydromorphone	Dilaudid, Palladone
Meperidine	Demerol
Methadone	Dolophine, Methadose
Morphine	Astramorph, Avinza, Duramorph Infumorph, Kadian, MS Contin, MSIR, Oramorph, Roxanol
Nalbuphine	Nubain
Oxycodone (extended release)	OxyContin, Dazidox, Oxecta, Oxyfast, OxyIR, Percolone, Roxicodone, Roxicodone Intensol, Tarqiniq
Oxymorphone	Opana
Pentazocine	Talwin NX
Tapentadol	Nucynta
Tramadol	ConZip, Rybix, Ryzolt, Ultram

EXCEPTIONS: SHORT ACTING OPIOIDS

Cannot work until 12 hours after last dose.

Generic Name	Brand Examples
Codeine	Tylenol with codeine no. 3, Empirin no. 4
Dihydrocodeine	Panlor DC, Synalgos DC, Zerlor
Hydrocodone	Vicodin, Hysingla, Zohydro
Oxycodone	Combunox, Endocet, Endodan, Endocodone, Percocet, Percodan, Roxicet, Roxiprin, Tylox



BENZODIAZEPINE DRUGS

All drugs in this class are restricted.

Generic Name	Brand Examples
Alprazolam	Xanax
Clonazepam	Klonopin
Clorazepate	Tranxene
Diazepam	Valium
Lorazepam	Ativan
Midazolam	Versed
Oxazepam	Serax
Temazepam	Restoril
Triazolam	Halcion

BARBITURATE DRUGS

All drugs in this class are restricted.

Generic Name	Brand Examples
Amobarbital	Generic versions
Butobarbital	Generic versions
Butalbital	Esgic, Fioricet, Fiorinal, Phrenilin
Pentobarbital	Nembutal
Phenobarbital	Generic versions
Secobarbital	Seconal

MUSCLE RELAXANT DRUGS

The restricted drug is **carisoprodol (brand name Soma)**.

HYPNOTIC DRUGS

The restricted drugs are **eszopiclone (brand name Lunesta)** and **zolpidem tartrate extended release (brand name Ambien CR)**.

VARENICLINE

The restricted drug is **varenicline (brand name Chantix)**.

Safety is Union Pacific's Number One Priority! Employees with questions after speaking with their doctor may contact Fitness-for-Duty at FFD@up.com or 1-877-275-8747, option 2, 2, 4.